

Who can use this program?



DCJ can refer you to this program if you have a child in your family who is aged between 6 and 17 years and has an involvement from DCJ.



How is this program different?



It focuses on:

-  **your family's strengths**
-  **problem-solving skills**
-  **concerns related to trauma**
-  **mental health and well-being**
-  **drug and alcohol misuse**
-  **anger management**

Your therapist meets with your family in your home or somewhere comfortable and convenient for you, at times that suit your needs, at least 3 times a week.

The program works best when all of your family members, including your extended family, and greater social networks (e.g. school) are involved.

In addition to scheduled visits, support is available 24 hours a day, 7 days a week through an on-call service.



For more information



*SOURCE QUOTES

From a mum who completed the program after having DCJ involved with her family three times.



*"What I was at the start to what I am now, is completely different"**

Keeping Families Together

Multisystemic Therapy for Child Abuse and Neglect (MST-CAN®)





The program: Multisystemic Therapy for Child Abuse and Neglect

This program offers holistic support for children, young people and families wherever it is needed; in the home, school, work place, and neighbourhood. It focuses on empowering the family by using identified strengths to address the family's needs, and developing and building upon family and community support networks.

The program treats the problems occurring for each family member, and the treatment is provided with a strong focus on engagement and cultural considerations. The program lasts 6-9 months.



*"We had a lot of verbal aggression in the home, but as soon as I started working with the program, they showed me how to bring that down"**



Keeping families together

The Department of Communities and Justice (DCJ) understands that the best place for a child is in their family home.

DCJ offers an intensive therapeutic family program that works on the understanding that it is best for your child to remain at home with your family if it is safe to do so.

The program is delivered by non-government service providers who are separate to DCJ.



Why choose this program?

You are the expert about your family. This program will help you develop goals based on your family's strengths and needs, and give you the tools and support to achieve those goals.

This program strives to keep your child safe and keep your family together by providing practical skills and therapeutic support for all family members.

Your therapist will work with you and your DCJ caseworker to address the concerns raised by DCJ.



How do we know it works?

MST-CAN® is an evidence-based program, which means that the program's approach to service delivery has shown to be effective through documented, careful scientific research.



To read more about the program, visit www.mstservices.com/mst-can-child-welfare-program



*"I think everybody should just give the program a chance, because if I can pull through it, anyone can"**

*SOURCE QUOTES

From a mum who completed the program after having DCJ involved with her family three times.